

Dear Cardiologist,

I am asking you to be open to reading current science and information so that I am carefully screened and monitored for these common conditions due to my Lyme diagnosis.

Lyme Carditis and POTS.

Lyme Carditis occurs 1 out of every 100 cases of Lyme disease cases reported to the CDC. POTS is even more common.

I am fighting an up-hill battle. I am worthy of kindness and support . I am not asking you to cure me or know all the answers, I simply ask that you be open to learning more about lyme disease and its effects on the heart since new information is not distributed.

[https://www.cdc.gov/lyme/treatment/lymecarditis.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Flyme%2Fsigns\\_symptoms%2Flymecarditis.html](https://www.cdc.gov/lyme/treatment/lymecarditis.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Flyme%2Fsigns_symptoms%2Flymecarditis.html)

<https://pubmed.ncbi.nlm.nih.gov/34541925/>

<https://pubmed.ncbi.nlm.nih.gov/30765038/>

<https://pubmed.ncbi.nlm.nih.gov/33028242/>

<https://pubmed.ncbi.nlm.nih.gov/32007907/>

Lyme carditis--diagnosis, treatment and prognosis - PubMed

<https://pubmed.ncbi.nlm.nih.gov/25838022/>

Complete AV block in Lyme carditis: an important differential diagnosis - PubMed

<https://pubmed.ncbi.nlm.nih.gov/20464556/>

A young healthy male with syncope and complete heart block - PubMed

<https://pubmed.ncbi.nlm.nih.gov/23728764/>

Two sources on POTS which is extremely common in Lyme:

[https://my.clevelandclinic.org/health/diseases/16560-postural-orthostatic-tachycardia-syndrome-pots#:~:text=or%20flight%20response\).-,POTS%20is%20a%20form%20of%20orthostatic%20in tolerance%2C%20the%20development%20of,uncomfortable%2C%20rapid%20increase%20in%20heartbeat.](https://my.clevelandclinic.org/health/diseases/16560-postural-orthostatic-tachycardia-syndrome-pots#:~:text=or%20flight%20response).-,POTS%20is%20a%20form%20of%20orthostatic%20in tolerance%2C%20the%20development%20of,uncomfortable%2C%20rapid%20increase%20in%20heartbeat.)

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/postural-orthostatic-tachycardia-syndrome-pots>

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Here are some additional articles on the subject if you choose to read more. Most are from other doctors.

Dr. Neil Spector, a Duke University oncologist and researcher had himself undergone heart transplant due to damage his heart sustained from an undiagnosed infection of Lyme Disease. You can read an account of his story in his book "Gone In A Heartbeat". He passed away June 2020. His story shows how important it is to not dismiss screening when a patient has Lyme disease.

"Commentary from a cardiologist on the challenges of treating Lyme carditis in a culture of disease denialism:

<https://www.forbes.com/sites/judystone/2015/09/04/lyme-deaths-from-heart-inflammation-likely-worse-than-we-thought/#4494043a62dc>"

[https://rawlsmd.com/health-articles/the-lyme-pots-connection-what-you-should-know?utm\\_medium=social&utm\\_source=facebook&utm\\_campaign=organic](https://rawlsmd.com/health-articles/the-lyme-pots-connection-what-you-should-know?utm_medium=social&utm_source=facebook&utm_campaign=organic)

<https://www.bayarealyme.org/blog/lyme-carditis-why-early-diagnosis-is-critical/>

<https://projectlyme.org/2020/10/21/lyme-carditis-and-heart-block-can-strike-kids-too/>

<https://danielcameronmd.com/broad-range-of-presentations-for-lyme-carditis-cases/>

<https://www.lymedisease.org/lyme-carditis-heart-block/>

Here is some general information about Lyme

[https://drive.google.com/file/d/1L4r-xtMN5c\\_WzULhm-CboIO14\\_yp3YKY/view](https://drive.google.com/file/d/1L4r-xtMN5c_WzULhm-CboIO14_yp3YKY/view)

Thank you for taking the time to read this.